

Get Winter

Active!



ACTIVE LIVING.



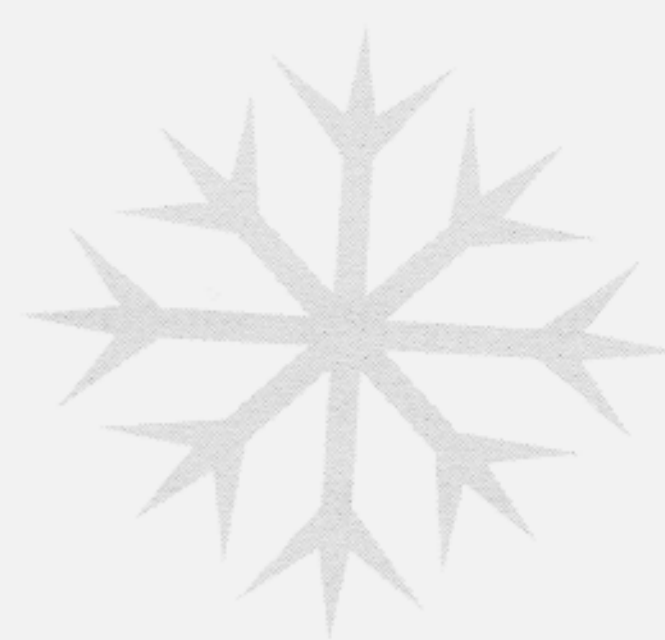
Tips, Tools and Cool Ideas for Leaders

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Get Winter Active!

Tips, Tools and Cool Ideas for Leaders



ACKNOWLEDGEMENTS

Active Living Canada wishes to extend a special thanks to Kendrith Bentley, the author of GET WINTERACTIVE! and principal of Kendrith Bentley and Associates, Ltd., Calgary, Alberta and The JF Group, Recreation Management Consultants, Mississauga, Ontario, Project Managers of GET WINTERACTIVE!.

Active Living Canada wishes to thank the following individuals who submitted their COOL IDEAS for consideration to GET WINTERACTIVE! Their commitment to providing fun and creative opportunities for people to enjoy active living in winter has contributed to creating an active Canada — all year long!



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Active Living Canada would like to also thank the following people who reviewed earlier drafts of GET WINTERACTIVE! Their knowledge and experience contributed greatly to this final resource:

Sandra Dal Par, Kirkland Lake, Ontario * Nancy Dubois, Brantford, Ontario * Roger Duval, Fredericton, New Brunswick * Steve Grundy, Gloucester, Ontario * Gordon Hind, Village of Mayo, Yukon * Cathie Kryzanowski, Regina, Saskatchewan * Don LeClair, Charlottetown, Prince Edward Island * Helen MacDonald, Montreal, Québec * John McNeil, Dartmouth, Nova Scotia * Janie Romanoff, Thornhill, Ontario * Wayne Slate, Arnold's Cove, Newfoundland * Mary Smith, Portage La Prairie, Manitoba * Yvonne Spencer, Kingston, Ontario * Jim Washer, Ottawa, Ontario

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Edited by: Joe Doiron
ISBN# 1-896924-00-X

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This kit does not contain all the information and resources you may want to know about active living in winter. For more information, contact your local agencies involved in physical activity promotion, such as parks and recreation, community health and schools, as well as provincial-territorial government departments responsible for fitness, active living and recreation.

Également disponible en français sous le titre *POUR UN HIVERACTIF! Des conseils, des outils et des idées cool pour les leaders.*